



FOR IMMEDIATE RELEASE

January 9, 2017

**Almost Family to Present at the 35th Annual J.P. Morgan
Healthcare Conference**

Louisville, KY – LOUISVILLE, Ky., January 9, 2017 -- Almost Family, Inc. (NASDAQ: AFAM), a leading national provider of home healthcare services, announced today that Steve Guenther, President, will participate in the 35th Annual J.P. Morgan Healthcare Conference which takes place January 9-12, 2017 in San Francisco, California. The Company presentation will be Thursday, January 12, 2017 at 7:30 a.m. Pacific Time/10:30 a.m. Eastern Time.

The live broadcast and replay of Almost Family's presentation will be available under the Investors section of the Company's website at <http://www.almostfamily.com> and at <http://jpmorgan.metameetings.com/confbook/healthcare17/directlink?p=22883>.

About Almost Family, Inc.

Almost Family, Inc., founded in 1976, is a leading national provider of home healthcare services, with 340 branch locations in 26 states, following the completion of its joint venture transaction with Community Health Systems, Inc. (CHS) (NYSE: CYH). Almost Family, Inc. and its subsidiaries operate a Medicare-certified segment, a personal care segment and a HealthCare Innovations segment. CHS Home Health is one of the nation's larger Medicare home health care providers with 74 home health and 15 hospice locations in 22 states. Most of its home health and hospice operations are affiliated with CHS general acute care hospitals in communities across the country. The JV is managed by Almost Family, governed by a board with proportionate representation from Almost Family and CHS and is primarily focused on serving the postacute home health needs of the current CHS locations while also developing additional home health capabilities in communities with a CHS hospital but no affiliated home health care.

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