



Almost Family, Inc.
Steve Guenther
(502) 891-1000

The Ruth Group
Investor Relations
Nick Laudico / Zack Kubow
(646) 536-7030 / 7020
nlaudico@theruthgroup.com
zkubow@theruthgroup.com

Almost Family to Present at Jefferies 2010 Global Healthcare Services Conference

Louisville, KY., January 19, 2010 – Almost Family, Inc. (Nasdaq: AFAM), a leading regional provider of home health nursing services, announced today that William Yarmuth, President and Chief Executive Officer, and Steve Guenther, Senior Vice President and Chief Financial Officer, are scheduled to present at the Jefferies 2010 Global Healthcare Services Conference in New York City.

Event: Jefferies 2010 Global Healthcare Services Conference
Date: Monday, January 25, 2010
Time: 1:45 p.m. ET

An audio Web cast of the Company's presentation will be available by visiting the investor relations section of Almost Family's Web site at www.almostfamily.com. A replay of the presentation will be available for 30 days.

About Almost Family

Almost Family, Inc., founded in 1976, is a leading regional provider of home health nursing services, with branch locations in Florida, Kentucky, Connecticut, New Jersey, Ohio, Massachusetts, Alabama, Missouri, Illinois, Pennsylvania, and Indiana (in order of revenue significance). Almost Family, Inc. and its subsidiaries operate a Medicare-certified visiting nurse segment and a personal care segment. Altogether, Almost Family operates over 100 branch locations in 11 U.S. states.