



Almost Family, Inc.
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Almost Family, Inc. Set to Join to Russell 2000® Index

Louisville, KY – June 23, 2008 – Almost Family, Inc. (Nasdaq: AFAM) announced today that it is scheduled to be added to the Russell 2000® Index, effective at the close of market on June 27, according to a preliminary list of additions posted on June 13 to www.russell.com.

William B. Yarmuth, President and CEO of Almost Family, Inc., stated, “We look forward to joining the Russell 2000® Index at the end of June as it will provide greater awareness and visibility of our stock among institutional investors. As a leading regional home health provider, we are well positioned as a consolidating force through the continued execution of our disciplined development strategy.”

The Russell 2000® Index measures the performance of the small-cap segment of the U.S. equity universe. The Russell 2000® Index is a subset of the Russell 3000® Index representing approximately 10% of the total market capitalization of that index. It includes approximately 2000 of the smallest securities based on a combination of their market cap and current index membership. Based on the monthly statistics as of May 31, 2008, the median market capitalization of the Russell 2000® Index was approximately \$541 million.

The Russell 2000® Index is constructed to provide a comprehensive and unbiased small-cap barometer and is completely reconstituted annually to ensure larger stocks do not distort the performance and characteristics of the true small-cap opportunity set.

About Almost Family, Inc.

Almost Family, Inc. is a leading regional provider of home health nursing services, with branch locations in Florida, Kentucky, Ohio, Connecticut, Massachusetts, Missouri, Alabama, Illinois and Indiana (in order of revenue significance). Almost Family, Inc. and its subsidiaries operate a

Medicare-certified segment and a personal care segment. Altogether, Almost Family operates 81 branch locations in nine U.S. states.